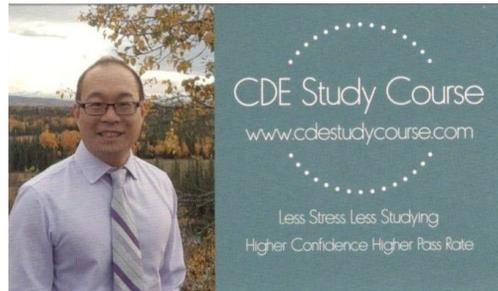


# WWW.CDESTUDYCOURSE.COM SCREENING CHEAT SHEET

Test how ready you are for the exam with the Screening Quiz in the Free Quizzes section!



Screening	Type 2 DM	Type 1 DM	Children with type 1 DM	Children with type 2 DM
Nephropathy	Yearly starting at diagnosis	Yearly starting 5 years after diagnosis	Yearly screening at age 12 if duration of DM >5 years	Yearly starting at diagnosis of DM
Retinopathy	Screening at diagnosis. If retinopathy present screen more frequently. If not q1-2 years	Yearly screening if duration of DM>5 years. If retinopathy present screen more frequently	Yearly screening at age 15 if duration of DM>5 years. Can be q2years if good control, DM duration <10 yr and no retinopathy at initial assessment	Yearly starting at diagnosis of DM
Neuropathy and foot checks	Yearly starting at diagnosis. More frequently if high risk	Yearly if duration of DM >5 years after puberty. More frequently if high risk	Yearly at age $\geq 15$ if poor control and if duration of DM>5 years. More frequently if high risk	Yearly starting at diagnosis of DM. More frequently if high risk

Erectile Dysfunction	All adult men should be screened regularly	All adult men should be screened regularly		
Dyslipidemia	At diagnosis. If treatment is not initiated, repeat every 1 to 3 years based on CV risk. Repeat testing should be performed 3 to 6 months if treatment initiated to verify lipid targets are being met	At diagnosis. If treatment is not initiated, repeat every 1 to 3 years based on CV risk. Repeat testing should be performed 3 to 6 months if treatment initiated to verify lipid targets are being met	Delay screening until metabolically stable. Screen at 12 and 17 years of age. If age <12: screen only those with BMI >97th percentile, family history of hyperlipidemia or premature CVD	Yearly starting at diagnosis of DM
Hypertension	At least yearly	At least yearly	At least twice a year	At least twice a year
Non-Alcoholic Fatty Liver Disease				Yearly starting at diagnosis of DM
Polycystic Ovary Syndrome				Yearly starting at diagnosis of DM in pubertal females
Obstructive Sleep Apnea				At baseline and yearly
Depression/ Binge eating				Yearly starting at diagnosis of DM
References	Nephropathy S202 Retinopathy S211 Neuropathy S219 Erectile Dysfunction S229 Hypertension S186 Dyslipidemia S182	Nephropathy S202 Retinopathy S211 Neuropathy S219 Erectile Dysfunction S229 Hypertension S186 Dyslipidemia S182	See table 5 on pg S239 for details	See table 1 on pg S250 for details